



Don't miss
out on your

\$240

**WELLNESS
REWARD**

Sign on to kp.org/engage to accept your Wellness Program Agreement. **You must accept the agreement in order to earn credit for your Kaiser Permanente Wellness Program activities.**

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COMPLETE THIS ACTIVITY
to earn your reward!



Get your biometric screening

Know your numbers, which includes a check of your height, weight, Body Mass Index (BMI), blood pressure, total cholesterol, exercise, and tobacco status. You can complete this step at any Kaiser Permanente medical office. You can also schedule a nurse visit at no cost, simply call **404-365-0966** Monday - Friday, 7 a.m. to 7 p.m.

Complete
activities by
**December 31,
2025**

Get full details at
 kp.org/engage